



ARRIVAL INSTRUCTIONS

Welcome to your Nepal adventure. Here are a few notes that will be useful for you during your arrival and departure to Nepal.

When you arrive at **Kathmandu** Tribhuvan Airport there are two separate visa counters, one for visitors with a visa, and another for those without. You will need to go to the counter labelled **visitors without a visa**.

Disembarkation forms and **Visa Application** forms are both available in the arrivals hall if you have not been supplied with them on the flight.

You will need **1 passport photo** for your visa application. If you do not have this you can obtain a photo in the arrivals hall at a cost of \$10, but this takes time.

If you are on an expedition you need to get a **90 day visa**, which costs **\$100**. If you are on a trek, you only need to get a **30 day visa** which costs **\$30**.

It is best that you have a few \$10 notes and give the correct amount, rather than pass over \$100 as the officials sometimes do not have the correct change (dollars are best, but Pounds and Euros are also accepted.)

Your hand baggage will be checked through an x-ray machine upon arrival into the baggage claim area. Sometimes your hold baggage will also be put through an x-ray machine as you leave the baggage claim area, but normally not. Do not line up to do this unless you are instructed to do so.

Outside the arrivals hall there will be a large group of taxi drivers and agents from many hotels and travel companies. Do not be hassled by these people. Stop and look carefully for a sign with the name **Himalayan Experience** and the **blue logo**. This agent will escort you to the driver who will take you to your hotel in Kathmandu. You do not need to pay this driver, as the transfer is included in your expedition / trek price.

You will be staying at the:

Hyatt Regency Kathmandu

PO Box 9609

Taragaon, Boudha,

Kathmandu

Nepal

Tel : + 977 1 449 1234

Fax: + 977 1 449 0033

Email: kathmandu.regency@hyatt.com

<http://kathmandu.regency.hyatt.com/>

Breakfast is included in the hotel cost, however if you have a breakfast outside of the hotel then this is not covered. All other meals in Kathmandu are **not** covered in the trip cost.

Immediately upon your arrival at the hotel you will need to give your **passport** and **air tickets** to the representative of our agency in Kathmandu. This will normally be **Chhuldin Tember Sherpa** or **Tamdin Sherpa** who will have met you at the airport or will meet you at the hotel.

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Mountain Experience will make all the arrangements for your flight to **Lukla** or **Samagon**. They will also arrange sightseeing and shopping as required. You just need to ask them to help you. A representative will also meet with you when you return to Kathmandu at the end of the trip.

The transfer to the airport for your flight to Lukla or Samagon will be arranged by Mountain Experience, and is part of your package so does not need to be paid for. Alternatively a helicopter pick up will be made directly from the Hyatt helipad.

Transport, food and lodging from Lukla or Samagon to Base Camp and return is covered by Himalayan Experience. Please refer to separate itinerary for further information.

In Kathmandu, you need to separate your equipment that you need to use during the approach march from Lukla or Samagon to Base Camp from the equipment that you will only need at Base Camp and above. The equipment that you need for the approach you will take with you on the flight and should not be more than 20kg. The equipment that you pack for Base Camp will be taken directly to Base Camp by porters and should not be more than 30kg

We will use local porters and/or yaks to carry equipment, but you will be expected to carry a small day pack with water, warm clothing and personal items such as cameras. This is also the case for the return trip from Base Camp to Lukla or Samagon.

You should plan on leaving a small bag with a fresh change of clothing at the hotel in Kathmandu for your return. This will be stored in the Mountain Experience office and should be clearly marked with your name.

You will spend one night in Lukla or Samagon on the return trip before flying back to Kathmandu. This flight is very weather dependent both in Kathmandu and Lukla or Samagon, and delays often occur.

Back in Kathmandu a representative from Mountain Experience will meet you at the domestic airport, and will arrange to take you back to the hotel. Alternatively a helicopter will drop you directly to the Hyatt helipad.

Generally the team has to wait for one or two days for their personal equipment to arrive back in Kathmandu. It is best that members take their personal baggage back home with them, rather than have it freighted. This saves considerable confusion.

Normally your departure flight home will have been re-confirmed by the time you reach Kathmandu. However, this may require a visit by you personally to the airline office if extra payment is required.

Please print this information and the itinerary and bring them with you for reference.